



# BCMHSUS Treatment Programs Referral Package

## **BC Mental Health and Substance Use Services Mandate**

BC Mental Health and Substance Use Services is an agency of the Provincial Health Services Authority. It provides a diverse range of specialized and one-of-a-kind tertiary mental health and substance use services for individuals across the province.

# Referral package completion checklist

## Please note:

- This package is intended to be completed by a community support team member or a health care professional, in collaboration with the client
- It is preferred that the referral package is completed electronically with page 15 physically signed
- To check boxes electronically double click on the box and change the default value to 'Checked'

re submitting to a local Health Authority for processing, please ensure the following tasks omplete: (To avoid excess printing, submit only pages 8 – 17)  Complete the included referral form, fill in all applicable boxes
Complete the program specific forms (supplementary package) and attach to referral package
<ul> <li>Include the following collateral information if available and applicable:</li> <li>Current and recent psychiatric and/or medical consults</li> <li>Hospital admission/discharge notes</li> <li>Relevant discharge summaries</li> <li>Forensic assessments (if applicable)</li> <li>Current MAR or list of medications</li> <li>Probation/Bail/Parole orders (if applicable)</li> </ul>
Complete series of Mental Health certificates (if applicable)
In consultation with the client, complete the Early Exit Transition Plan section
In consultation with the client, complete and attach the Participation Agreement for the appropriate program (if applicable). Please ensure it is signed. (If applicable this will be found on the program's web page at <a href="https://www.bcmhsus.ca">www.bcmhsus.ca</a> under Supplementary Referral forms)
Review program specific client guide with the client (this can also be found on the program's web page)
<b>For Red Fish Healing Centre only</b> , include a case note from the current community case manager that indicates recent contact with the client, supports the referral to Red Fish Healing Centre, and indicates an active and ongoing partnership with the client
For Red Fish Healing Centre only, submit a signed Repatriation Agreement for all clients coming from hospital who are certified under the BC Mental Health Act

The above components constitute a complete referral and will be reviewed by the program's Admission Committee once received from the Health Authority screening committee.

	Provincial Substance Use Treatment	Heartwood	Red Fish					
Inclusion Criteria	Program – Adult  Elizabeth Fry Sequoia  Phoenix Society		Healing Centre (Assessment, Treatment & Enriched Treatment)					
Program Mandate	People who have a severe and/or high-risk	People who have a	People who have a					
The program mandate must match with the client's primary presenting concern(s). Other concerns can be addressed, as appropriate to each program, but should not be the primary concern.	substance use disorder. Clients may or may not have a stable co-occurring mild to moderate mental health disorder. Clients attend on a voluntary basis.	concurrent disorder that includes severe/complex substance use disorder and a stable mental health disorder. Clients attend on a voluntary basis.	concurrent disorder that includes a severe/complex substance use disorder & a severe/complex mental health disorder which requires treatment in, and would benefit from, an inpatient mental health facility. Accepts certified and voluntary					
Please see Additional Considerations			clients.					
below. BC Resident	<b>—</b>		<b>✓</b>					
Age	19+	19+	19+					
Gender	<ul> <li>Elizabeth Fry: Women         (cis/trans/gender-diverse/non-binary)</li> <li>Phoenix Society: All</li> </ul>	Women (cis/trans/gender- diverse/non-binary)	All					
Medically and	<b>√</b>	<b>✓</b>	✓					
Psychiatrically Stable (not requiring acute hospitalization)			=					
Activities of Daily	<b>₩</b> •	4	✓					
Living: Clients need to have the ability to be			=					
independent in their activities of daily living			-					
including eating, toileting, and mobilizing								
Mental Health and Addiction Team or a Community Care Team Connection:			•					
Offers involuntary treatment	<b>X</b>	Voluntary & Extended leave	<b>*</b>					
	Exclusion Criteria							
	Please contact the Access and Flow Coordinator		ealth Authority Liaison					
	directly for questions about the program exclusion	n criteria						

including sexual violence			
Sexual offences involving minors	Applies	Applies	Case-by case basis
Arson/Fire setting	Applies	Applies	Able to support clients with this history

#### **Additional Considerations**

The following will also be considered when assessing clients for appropriate treatment match and timing

The individual has accessed regional treatment resources and/or there is evidence that specialized provincial services are needed. Consideration will be made for Indigenous and rural/remote individuals with limited resources and/or people experiencing barriers to accessing other treatment resources.

To ensure safety for all, client mix will be considered (e.g. number of clients with significant medical, behavioural, severe psychosis, mood and/or disordered eating concerns).

Capacity to benefit from group-based programming and ability to reside in communal living environment.

A recent history of physical violence.

Acute suicidality and ideation.

## **Program Transition/Discharge Criteria**

Requests regarding early transitions/discharge from treatment program may include the following

- Physical, sexual or verbal threats/abuse/violence.
- Client's presentation or symptom severity requires care/treatment in acute care/other tertiary facility.
- Persistent pattern of alcohol or drug use and not engaging in safety or relapse prevention plans.
- Alcohol or drug use on premises or use during outings with staff.
- Attempted/recruitment of others into gangs or the sex trade.
- Recruiting co-clients into illegal or harmful activities.
- Drug dealing/sharing.

# Referral process

Referrals can be completed by a referring agent in collaboration with the client. A referring agent can be one the following:

- Counsellor
- Social worker
- Physician
- Psychiatrist
- Community mental and addiction health team provider
- Psychologist
- Nurse practitioner
- Case manager

## Referral process:

- 1. Referral agent forwards the completed referral package to their regional Health Authority Liaison.
- 2. Health Authority Liaison screens the referral for completeness and program suitability.
- 3. If approved by the Health Authority Liaison, the referral is sent to the Access and Flow Coordinator at the indicated BC Mental Health and Substance Use Services (BCMHSUS) program.

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- 4. Once all required information is received by the Access and Flow Coordinator, the clinical team at the program reviews the referral within one to two weeks depending on program demand and volume of referrals.
- 5. If the referral is accepted, the Access and Flow Coordinator informs the Health Authority Liaison.
- 6. The Health Authority Liaison will place the client on their region's waitlist.
- 7. When a bed is available, the Health Authority Liaison is notified by the Access and Flow Coordinator.
- 8. The Health Authority Liaison prioritizes and identifies a client on the waitlist for the available bed.
- 9. The BCMHSUS Access and Flow Coordinator coordinates with the program/service provider to plan intake.

If a client is not a match for the requested BC Mental Health and Substance Use Services program, a letter of alternate recommendations will be provided to the Health Authority Liaison. In the instance where another BCMHSUS program is a better match, the Health Authority Liaison will be advised and they have the option to forward the referral to the recommended program.

If there are any further questions please contact the Health Authority Liaison who will be able to assist in completing the referral packages and provide further information.

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# Please forward complete referrals to the specific Health Authority Liaison as detailed below:

Red Fish Healing Centre for Mental Health & Addiction Health Authority Liaison Contacts

Health Authority	Liaison	Email	Phone	Fax
Fraser Health Authority	Sukhi Brar	Sukhvir.brar@fraserhealth.ca	604-613-1811	604-519-8538
Interior Health Authority	Tasha McAdam	Tasha.mcadam@interiorhealth.ca	250-258-7742 cell	Please email
Island Health Authority	Ty-Leigh Whiteley	ProvincialSubsUseTreatmentRefe rrals@islandhealth.ca	250-732-2368	Please email
Northern Health Authority	Regional Tertiary Coordinator	rtuc@northernhealth.ca	Please email	Please email
Vancouver Coastal Health Authority	CAD	CAD@vch.ca	604-875-4111 x 23066	1-888-857-0371
Red Fish Healing Centre Access & Flow Coordinators	Andrew Liu Renata de Lange	Andrew.liu@phsa.ca Renata.deLange@phsa.ca	604-524-7100 x 336424	604-461-3040

**Heartwood Centre for Women Health Authority Liaison Contacts** 

Health Authority	Liaison	Email	Phone	Fax
Fraser Health Authority	Sukhi Brar	Sukhvir.brar@fraserhealth.ca	604-613-1811	604-519-8538
Interior Health Authority	Tasha McAdam	Tasha.mcadam@interiorhealth.ca	250-258-7742 c	Please email
Island Health Authority	Ty-Leigh Whiteley	ProvincialSubsUseTreatmentRefe rrals@islandhealth.ca	250-732-2368	Please email
Northern Health Authority	Regional Tertiary Coordinator	rtuc@northernhealth.ca	Please email	Please email
Vancouver Coastal Health Authority	CAD	CAD@vch.ca	604-875-4111 x 23066	1-888-857-0371
Heartwood Access & Flow Coordinator	Faedragh Carpenter	Faedragh.carpenter@phsa.ca	604-875-3152	Please call for info

**Provincial Substance Use Treatment Program Health Authority Liaison Contacts** 

<b>Health Authority</b>	Liaison	Email	Phone	Fax
Fraser Health Authority	Adult: Jason McBain	Jason.mcbain@fraserhealth.ca	236-332-5125	604-519-8538
Interior Health Authority	Tasha McAdam	Tasha.mcadam@interiorhealth.ca	250-258-7742 c	Please email
Island Health Authority	Adult: Ty-Leigh Whiteley	ProvincialSubsUseTreatmentRefe rrals@islandhealth.ca	250-732-2368	Please email
Northern Health Authority	Adult: Regional Tertiary Coordinator	rtuc@northernhealth.ca	Please email	Please email
Vancouver Coastal Health Authority	Alexis Flynn	Alexis.flynn@vch.ca	604-652-0713 cell	Please email
Correctional Health Services	Deanna Romm	Deanna.romm@phsa.ca	236-984-7679	N/A
Forensic Psychiatric Services	Susan Rodger	susan.rodger1@phsa.ca	Please email	Please email
Provincial Access & Flow Coordinator	Livia Brander	accessandflow@phsa.ca	604-319-2931	N/A

Please note that each Health Authority will have their own criteria for processing referrals to BCMHSUS programs. Please check with your Health Authority Liaison for more information.

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Select program:	Select program:  Heartwood Centre for Women Red Fish Healing Centre for Mental Health & Addiction Provincial Substance Use Treatment Program – Adult Women (cis/trans/gender-diverse/and non-binary).									
			Client'	's referra	linforn	nation				
Referral Date (D/M/Y):				n Authority:		lation	ls	s this a FNHA Referral?	` ☐ Ye	s 🗆 No
Client's Legal Name:					Preferr name(s					
Referring agent's name:	contact						<u> </u>			
If referring agent i unit:	s a hospital	, name of hos	pital &							
Referring Organization:						-				
Ph:		Fax:			Email:					
		С	ommuni	ity care te	eam inf	ormat	ion			
MH&SU Team:										
MH&SU Case Ma Name:	nager			ı	Email			Ph:		
Physician Name and Community Clinic Location			Ph:					Fax:		
Psychiatrist Name:			Ph:					Fax:		
Community Pharmacy:						Ph:				
		<del>- b</del>	С	lient info	rmatio	n	<del>\</del>			
Date of Birth ( <mark>D/M/Y</mark> ):				Age:			PHN:			
Gender (tick all th	at apply):		☐Male Sender is:	☐ Transge	ender [		Binary er not to	☐ Two-Sp	irit 🗌 Que	estioning
Pronoun:			]She	] He	They	□ Мур	oronoun	n is :		
Current Address:						City:				<u> </u>
Province:	Postal Code:		Ph:			Email:				
		Inco	ome & M	ledical/Pl	narmac	y cove	erage			
Income Source:										

☐ MSDPR ☐ PWD ☐ Employment Insurance ☐ Long-term Disability ☐ CPP/CPPD									
☐ Employed	Other Income:								
Type of medi coverage:	cal/pharmacy			Third Part Insurer:	ту				
Policy #:					ID#:			J_	
			<b>Cultural</b> inf	ormation					
Does the clie Indigenous P	nt identify as an erson?	☐ Indigenous ☐ Client Declir	☐ Non-Indige ned, Ask again	nous later   ☐ Client D	eclined, Do	າot ask aເ	gain 🗌 U	nknown	
Indigenous Identity Group:	Identity    Institutions & Institutions & Institutions & Wells & Wells & Institutions & Wells & W								
Predominant	ly lives:	& off reserve [	Off reserve	On reserve	No respor	nse			
First Nations Status:	☐ Has Sta	atus 🔲 Non Sta	atus 🗌 Pendin	g Status 🗌 No re	esponse				
Metis Citizenship:	☐ Has citizenship.☐ Non citizenship		·	response					
Would you us Services?	se Indigenous Patier	ut 🔲 🗆	Yes	☐ Maybe					
Status card #	t:		Band:						
Ethnicity:			Primary Language:			nterpreter needed?	☐ Yes	□No	
Provide details	s of language interpreta	ation needs:		-					
We invite the o	client to let us know if th	nere are any spirit	ual, religious prad	ctices or ceremonie	es that will su	upport their v	wellness wh	ile in	
(Please r	<b>Emerg</b> note that the person l			mily/Friend/S here be an emer			afety, medi	ical, etc.)	
Name (first &	last):		Relationship:						
Ph:			Email:						
Is there an id (SDM)?	entified Substitute D	ecision Maker	☐ Yes	☐ No Name:					
Ph:			Email:						
		Po	wer of Attor	ney/Trustee					
Is there a pov	wer of attorney in	☐ Yes	□No						

If yes, provide a	brief descrip	tion: (e.g.	finances	s, treatment de	cisions, etc.	.)			
		J							
Is there a trustee?	Yes	□No	Name:						
Ph:				Email:					
		4		Family in	volveme	nt			4
Does the client h	ave	☐ Yes	□No	# of children	:		Minor:	Adult	
Are the children care?	in foster	☐ Yes	□No	Is the client	a custodial <sub>l</sub>	parent?	☐ Yes [	No	
Name of custodi parent(s):	al/foster								
Custodial parent	Ph:			Custodial pare email:	ent				
If child(ren), wha situation?	t is current li	ving							
If applicable, who			or						
Please provide of appropriate):	letails, includ	ling contac	ct informa	ation and Minis	stry of Child	ren and Fam	ily Develop	oment contact inf	ormation (if
Ph:		Fa	x:		Email	:	-		
Are there family their treatment p				the client that	they would I	ike involved	as part of	Yes 🗆	No
If yes, please pro	ovide details	below:							
			<u> </u>	Curront	housing				<u> </u>
Marrie e Tres					=		O-f-	□ v	
Housing Type:		me/rental	<del></del>	amily/friends	Stable:	☐ Yes ☐ No	Safe:	☐ Yes ☐ No	
		zed housin		arriily/iricrius					
	Other:	iod modelin	9						
Will the housing	be maintaine	ed for dura	tion of tr	eatment?	☐ Yes	□No	<u> </u>		
If no, provide de	tails:								
Is there a post-d plan?	ischarge hou	sing	☐ Ye	es 🗌 No	Stability:	☐ Yes	□No	Safe: Ye	s 🗌 No
Please describe	actions take	n to addre	ss post c	discharge hous	sing:				

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		istory with drugs of choice pattern used last 30 days cohol						
			Olici	it ottoriguio	——————————————————————————————————————	)		
	This see		Treat	tment goals	ant and the in	)	ut 4 a a un	
	i nis sec	ction snould be comple	tea in collabor	ation with the cil	ent and their	community suppo	rt team	
	How can the	client be best s	upported	with their tr	eatment	goals while i	n program	ı?
		+4+						
				41 4 1				
	is there	any additional	informatio	on that shou	iid be pro	vided at this	time?	
		Substance u	se and ot	her process	issues/c	oncerns		
				, i c c c c c		-	Average	
Cli	ent has used/has a history with				last 30	Route taken	used	
	Alcohol							
	Non-beverage alcohol				<u> </u>			
	Amphetamines							
	Ecstasy							
	GHB							<u> </u>
	Benzo							
	Cannabis							
	Cocaine							
	Crack cocaine	U						<u></u>
	Crystal meth							

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	Fentanyl		<del>/</del> +						
	Hallucinogens	U_							U-
	Heroin		<del>)</del>						
	Inhalants	J_							J.
	Other opioids								
П	Tobacco/Nicotine	U_	<b>—</b>						U_
	(incl. vaping / e-cigs)		<u></u>						
	Other (specify):								
			+	Proces	ss addiction	าร			
CI	ient has current/hist		rrent ttern		last active	# Days activ		A	ge at first use
П	Gambling		+						
	Sexual activity								
	Pornography								
	Shopping								
	Shoplifting								
	Internet	U -							
	Gaming	ning							
	Social Media					<u> </u>			
			Sub	stance u	se treatmen	t history			4
	Withdrawal management/detox/s	tabilization		Dates:					
	Peer support groups Recovery)	(AA/NA/Smart	5	Dates:					
	Community counsello support	or/social worke	er	Dates:					
	Substance-use treatr	ment programs	(provid	le details b	elow)				
Pro	gram:		Date r	range:			Complet	ed?	☐ Yes ☐ No
Program: Date r		range:			Complet	ed?	☐ Yes ☐ No		
Program: Date r		range:			Complet	ed?	☐ Yes ☐ No		
Oth	er: (please provide de	tails)							

Why is this program being considered at this time? Please describe clinical reasons if a gender specific program has been selected or describe other complex care needs for the client.										
A (1			,	1.0		<u> </u>				
Are there regio	nal resources t	hat would meet this	s person's r	needs?	∐Yes L	No				
		ng appropriate reso naviors cannot be r				ed within the regional resou red from service.	rces – e.g. mental			
							U_			
			Withdra	awal hi	storv					
Withdrawal mana	agement prior to		□Yes □		<u>-</u>	nake arrangements when conta	acted by BCMHSUS			
History of adve seizures)	rse events whil	e in withdrawal? (e	e.g.	□Yes [	LINO	ite of Last izure:	G.			
Delirium Tremens?	☐ Yes	☐ No Hospi	tal admissio	ons for wit	hdrawal?	□Yes □ No				
Please provide	any other infor	mation that the clie	ent feels wo	uld be rel	evant to su	upport them below:				
					_		<u></u>			
			Medic	al hist	tory					
Environmental,	food, medicati	on allergies?	Yes 🗌 N	lo						
If yes, provide	a brief descripti	on and type of rea	ction(s) and	l treatmer	nt needed					
Independent wo			no, provide etails:		-		<u> </u>			
Pregnant?	☐ Yes ☐ N	o If yes, estimate delivery:	ed date of							
Past overdose history?	☐ Yes ☐ No	If yes:  Inter	ntional idental	Date/s:						
Does the client eating?	have a history o	f disordered	☐ Yes	□No	Is the disc	ordered eating still active?	☐ No No			

If yes, provide details:  Date last active:													
Has the client ever participated in treatment for disordered eating?													
Medical dietary ☐ Yes				☐ No Does the client have any requirements?				dietary					□No
Please note concerns and requirements here:													
.C													
Mobility issues?	Yes	☐ No If yes, please indic				dicate if any ability aids are being used below:							
Fall risk:		Yes	□No	HIV:		☐ Yes	☐ No	Нер (	<b>)</b> :	☐ Yes		No	Unknown
Visual impairme	Visual impairment: Yes No			Prost	hesis	Yes	□ No	Head injury		Yes		No	☐ Unknown
Hearing impairm	Hearing impairment: Yes No Complex cognitive chall					allenges:			☐ Yes		No	Unknown	
Other:													
If yes to any of the above, provide details:													
Does the client h appointments or				ries, der	ntal		☐ Yes	s					] No
If yes, provide de	etails:		<del></del>					— <u>U</u>					
									<u></u>				
<b>5</b> 1:4: 1:	/ 5	. 17	DSN	IV dia	agnos	sis / Mei	ntal heal	th his	tory				
Psychiatric diagr	noses (Ax	(IS I):											
Personality disorders & developmental disabilities (Axis II).  Note: For head/brain injury/FASD or cognitive impairment: provide a brief description of cognitive disabilities & attach any collateral assessment/reports (e.g. most recent assessment(s) from psychiatry, O.T., psychology etc.)													
Medical illness (/	Axis III)												

Psychosocial and enviror	mental	concerns	(Δvie I\/)·									
1 Sychosocial and environ												
Is client connected to Cor	nmunit	v Livina B	C or other	support w	orkers/services	?						
☐ Yes ☐ No												
Contact Person:					Ph:							
If yes, provide a brief des	cription	of the su	oports and	d number o	of hours provide	ed:						
•	·		•		·							
			Cu	rrant m	edication(s)							
Please attach a list of med or write the information be		such as a				iptions, Me	edication Ad	dministrati	ion Reco	rd (MAR)		
Medication & dose	Date	started	Preso	criber	Medication	& dose	Date started		Prescriber			
										J.		
			-									
Currently on ARV treatme	ent?	☐ Yes	□No	Have AF	RV medications	been orde	ered for trea	atment?	☐ Yes	□No		
Currently on long acting injectable antipsychotic medication?	☐ Yes	☐ No	Date of next required dose:									
			S	Safety o	concerns							
Self-harming		s ∐No	Suicide i	deation?	☐ Yes [	☐ No Flight ☐ Yes ☐ No						
Sex work?			□No Sexual offences involving minors? □ Yes □ No							4		
Arson/Fire setting?	∐Ye	s ∐No	□No Interpersonal/Domestic violence? □ Yes □ No									
Suicide Y	′os	No (	ates of att	empt/s:								
attempt/s?		- (р	lease list									
If yes to any of the above, safety plan. Also please provide the day							d if possibl	e, provide	a copy o	of the		

History of aggression?	☐ Yes	□No	☐ No If Yes ☐ Verbal ☐ Physical							
Please provide a brief description of					ts, outcomes and dat	te of las	t occurrence (e.g.			
throwing objects, hitting someone, j	elling, under ti	ne intiuenc	e or substa	ances).						
Effective Intervention(s):										
			$\check{-}$							
			Leg	jal						
Is the client supervised by a pro officer?	bation	☐ Yes	Is the client currently out on bail?				☐ Yes ☐ No			
Bail/Probation Officer's contact			Ph:							
name:					PII.					
Are there any conditions that we	need to be a	ware of to	o support	client's stay?			☐ Yes ☐ No			
Can client be supported in prog	ram in referen	ce to recent/past charges?					☐ Yes ☐ No			
Please provide details below:										
				-						
Upcoming court date/s:										
date/s.										
Location:	_(   _									
Please provide details (e.g. tran	sportation red	quired, tec	hnologic	al requirements,	etc.):					
Status under the BC Mental Hea	alth Act		Certified - Please attach a complete set of Form 4's and Form 6's				Voluntary			
			Extended Leave – Please attach all Forms				s 4,6, & 20			
		Early A	xit tra	nsition pla	n —		+			
An early exit is when a client lea						l is for	the client to have a			
safe place to go in their home community with appropriate supports. If the client leaves on short notice, or an unplanned urgent discharge is required, the <b>case manager and the emergency contact will be notified immediately</b> and the client will be discharged to the location listed below.										
Client Name:										
Key community contact for tra	ansition nlan									
(name/relationship):										
Ph:	Email:									

Emergency contact a	and/or next of	kin (name	/relatio	nship)	:					
Ph:	h:					Email:				
Community/Health Authority contact (name/agency):										
Ph:										
Early exit dischar	ge plan									
Early exit location con name:	tact					<u> </u>	Relationship:			
Early exit location address:										
If early exit is home wi	th family, are t	hey aware′	?				Yes	□No		
Early exit transportation	n:					J.		·		
If no, who will transpor	t? (name, pho	ne, relation	ship):				<u>)                                    </u>			
Is this early exit plan the weekend?	ne same for th	no, please	o, please provide an alternative plan below:							
	-			Sign	atures		<u>)                                    </u>			
<ul> <li>By signing below, I consent to following:</li> <li>This referral is being submitted for consideration for a BC Mental Health &amp; Substance Use Services treatment program</li> <li>The information in this referral and any supporting documentation being released and shared between my community care team, regional health authority representatives, BC Mental Health &amp; Substance Use Services representatives and BC Mental Health &amp; Substance Use Services contracted service providers is correct to the best of my knowledge</li> <li>Should I choose to leave the program early, my community care team, regional health authority liaison, BC Mental Health &amp; Substance Use Services representatives and BC Mental Health &amp; Substance Use Services contracted service providers, and my emergency contact will be contacted and provided with an update</li> <li>My community team and physician will be sent a discharge summary</li> </ul>										
Client name (PRINT):										
Client signature:			Date (D	Date (D/M/Y):						
Case Manager agre							t with their com was originated	nmunity services upon l.		
Case manager name	(PRINT):									
Case manager signa	ture:					Date (D	/ <mark>M/Y</mark> ):			